




## PSHE Curriculum Content Overview - September 2020-2022 (revised April 2021)

RSE in **yellow**

Staff in Sycamore class will structure their PSHE & RSE curriculum around the needs of the individual students.

Class		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Birch (Y7) & Elm (Y7,8, 9) Sept 2020		Mental health & emotional wellbeing, including transition	Online & media	Drugs, tobacco & alcohol		Changing adolescent body	KS3 RSE A Friends & Family	
<b>2020-21</b>								
Y 8 & 9 Rosewood & Ash Sept 2020	2-year rolling programme	Mental health & emotional wellbeing	KS3 RSE A Friends & Family (missed in Y7 due to lockdown)	Drugs, tobacco & alcohol		Changing adolescent body	KS3 RSE B Committed relationships, children & parenting	
<b>2021-2022</b>								
		Health & physical fitness	Online & media	Health & prevention, including basic first aid	Changing adolescent body	Identity, diversity & bullying	KS3 RSE C Making the right choices	
KS4 Sept 2020	ASDAN PSHE short course (2 yr prog)	Emotional wellbeing Module 1	Alcohol Module 4	Drugs & tobacco Module 5		Social Media Module 3	Respectful relationships Module 7	Sexual health (Y11) Module 6
KS4 Sept 2021			Keeping safe & healthy Module 2	Careers & your future Module 10	Financial choices Module 9	Families & parenting Module 8	Sexual health Module 6	Living in modern Britain Module 11
SLD Spruce	2 year programme	Mental health & emotional wellbeing	Diversity, stereotypes & prejudice	Aspirations, work & career	Families, parenting & the community	Staying healthy including sexual health if appropriate	Rights & responsibilities	
		Mental health & emotional wellbeing	Online & media	Hygiene & the body	Respectful relationships	Citizenship & being a good citizen	Alcohol, drugs & tobacco	

