

PSHE Scheme of Work - KS3

Relationships & Sex Education B – Committed relationships, children & parenting

INTENT	<p>Students will learn:</p> <ul style="list-style-type: none"> • about the characteristics of positive and healthy friendships and one-to one intimate relationships. • that there are different types of committed, stable relationships. • how these relationships might contribute to human happiness and their importance for bringing up children. • why marriage is an important relationship choice for many couples and why it must be freely entered into. • that all aspects of health can be affected by choices they make in sex and relationships. • that they have a choice to delay sex or to enjoy intimacy without sex. • the roles and responsibilities of parents with respect to raising of children. • the facts around pregnancy including miscarriage. • the facts about the full range of contraceptive choices, efficacy and options available. • that there are a range of strategies for identifying and managing pressure, including peer pressure • how to get further advice • about consent 	
IMPACT	<p>Students will develop the skills to enable them to:</p> <ul style="list-style-type: none"> • Identify the characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship. • Recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship. • Identify committed, stable relationships • Understand the characteristics and legal status of a range of long-term relationships • Understand that all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing. • Identify the characteristics of successful parenting • understand that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help). • Develop an understanding about a range of contraceptive choices • Identify and manage sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others. • identify how and where to access confidential sexual and reproductive health advice and treatment. • Understand how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online). 	
RESOURCES & LINKS	<p>Cross-curricular links: science, SEMH, childcare,</p>	<p>ICT: Use of whiteboard, Ipads for research tasks, video clips where appropriate, PSHE books, mini whiteboards etc</p>
	<p>Key words: positive relationship, intimate relationship, stable relationship, sexual relationship, consent, parenting, contraception, pregnancy, miscarriage, abortion, reproduction,</p>	

IMPLEMENTATION	<p>Silver pathway</p> <p>Students will be able to:</p> <p>Name at least two characteristics of positive friendships, platonic relationships and intimate one-to-one relationships.</p> <p>Name at least one type of committed, stable relationship.</p> <p>Explain the characteristics and legal status of one type of long-term relationship.</p> <p>Name one positive and one negative effect of relationships on health.</p> <p>Name one characteristic of successful parenting.</p> <p>Identify two options with regard to pregnancy.</p> <p>Name at least two different types of contraception.</p> <p>Identify one strategy to manage pressurising behaviour.</p> <p>Give one example of where advice on sexual and reproductive health can be accessed.</p> <p>Explain the meaning of consent.</p>	<p>Gold Pathway</p> <p>Students will be able to:</p> <p>Describe at least three characteristics of positive, friendships, platonic relationship and intimate one-to-one relationships.</p> <p>Describe at least two types of committed, stable relationship.</p> <p>Explain the characteristics and legal status of two types of long-term relationship.</p> <p>Describe at least two positive and negative effects of relationships on health.</p> <p>Name and describe at least two characteristics of successful parenting.</p> <p>Explain at least two options with regard to pregnancy.</p> <p>Give reasons for and against at least three contraceptive choices.</p> <p>Identify & explain at least two strategies to manage pressurising behaviour.</p> <p>Give at least two examples of where advice on sexual and reproductive health can be accessed.</p> <p>Explain the meaning of consent and give examples of how this can be communicated and withdrawn.</p>	<p>Platinum Pathway</p> <p>Students will be able to:</p> <p>Explain five or more characteristics of positive friendships, platonic relationship and intimate one-to-one relationships..</p> <p>Explain what constitutes a committed, stable relationship and give examples.</p> <p>Explain the characteristics and legal status of a range of long-term relationships.</p> <p>Explain a range of positive and negative effects of relationships on health.</p> <p>Explain at least four characteristics of successful parenting.</p> <p>Explain the arguments for and against a range of options with regard to pregnancy.</p> <p>Explain reasons for and against a range of contraceptive choices.</p> <p>Explain a range of strategies to manage pressurising behaviour and give examples of scenarios where these could be used.</p> <p>Give at least three examples of where advice on sexual and reproductive health can be accessed.</p> <p>Explain the meaning of consent, how this can be communicated and withdrawn in relation to a range of scenarios.</p>
	IMPLEMENTATION STRATEGIES	<p>SUGGESTED RESOURCES FOR IMPLEMENTATION</p> <p>You may find these resources helpful as starting points for your planning. On VLE:</p> <p>General>Subject Folder>PSHE>RSE>Y 8 & 9>RSE SoW B</p> <p>NSPCC consent</p> <p>PSHE association resources on families & parenting</p> <p>It's not OK – section on positive relationships</p> <p>Medway resource Year 8 – lesson 2 (healthy relationships), lesson 4 (intro to contraception), lesson 5 (parenting)</p> <p>Medway resource Year 9 – lesson 1 (starting out in romantic relationships), lesson 6 (pregnancy & choices)</p>	